

# The Power of Preschool Parents

**Building a Foundation for  
School Success**

Back  
to  
School



# Garden Grove Unified School District Strategic Plan – The Garden Grove Way

**Our Vision:** We are committed to preparing all students to be successful and responsible citizens who contribute and thrive in a diverse society.

**Our Mission:** To ensure student success, we will provide a rigorous and supportive academic experience that motivates all learners to meet high expectations.

**Goal 1: Academic Skills + Goal 2: Personal Skills =  
Goal 3: Lifelong Success**



# Preschool

🌸 How many of you have children in preschool right now?

🌸 Research has demonstrated the value of early childhood education



# Nurture Your Child's Education at Home

Happy & Healthy

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Strong Character

A light blue downward-pointing arrow indicating a flow from the second box to the third.

School Success

# Well Rested

- ✿ Regular bedtime
- ✿ Plenty of sleep
- ✿ 8-11 hours of sleep
- ✿ Bedtime 7:30-9:00



# Family Fun

- Spend time together as a family
- Plan fun activities to do with your family



# Quality Conversations

- ✿ Spend plenty of time talking to your child
  - ✿ Talk about school and extra-curricular activities
  - ✿ Ask about your child's interests and friends
- ✿ Listen to your child
  - ✿ REALLY LISTEN with your ears and eyes
  - ✿ Show that you care about their celebrations, questions and concerns



# Nutritious Meals

✿ Make high protein, hearty breakfasts

✿ Prepare nutritious snacks and meals





# Happy Child

✿ Provide a safe & supportive home



✿ Recognize your child's strengths & achievements

✿ Be caring & fair



# Strong Character

- Express a positive attitude
- Set a good example
- Teach acceptance
- Teach sharing and cooperation
- Encourage your child to try new things
- Give plenty of PRAISE
- Establish rules and routines
- Set limits
- Set high expectations
- Follow through with consequences and rewards
- Encourage your child to be responsible by assigning chores



# Be Involved!



- ❁ Parent involvement at home greatly impacts a child's confidence level and builds life skills that will bring continued success over time

# Preschool

- ❁ Some of children's greatest growth takes place between the ages of 3-5
- ❁ They begin to form their first friendships & they begin to see themselves as individuals



# Children in Preschool Learn Many Important Things...

**To separate from parents & learn to become independent**



**To become effective learners & understand the routines of school**



**To function in a group**



**Important self-help & self-regulatory skills necessary to function within a classroom**



**The foundations of language, math, science & social science through experiences with teachers & peers**

# What Can Parents do to Help Build School Readiness Skills???

- ❖ Actively participate in a school readiness program



- ❖ Read daily with your children and continue to teach them in your home language



# What Can Parents do to Help Build School Readiness Skills???

❖ Set the standards early for good school attendance and punctuality



❖ Label things in the environment to help build your child's vocabulary



# What Can Parents do to Help Build School Readiness Skills???

❖ Turn everyday outings, like a trip to the grocery store or Target, into educational experiences



❖ Ask open-ended questions...

- Why do you think that happened?
- What do you think will happen next?





# Developmental Information

## ❖ To help development in 3-4 year olds:

- ❖ Teach me new words & read to me
- ❖ With new experiences, prepare me by telling me what to expect
- ❖ Keep a regular schedule for my playtime, mealtime & bedtime
- ❖ Offer choices so I can make some decisions

## ❖ To help development in 4-5 year olds:

- ❖ Keep a regular schedule for my playtime, mealtime & bedtime
- ❖ Teach me facts like my address, phone number & parents' names
- ❖ Encourage me to do activities by myself & ask for help when I need it
- ❖ Offer choices so I can make some decisions



# GGUSD State Preschool

- ❖ If you have a four year old (12/3/09-12/2/10) **not** enrolled in preschool, please contact us for information on enrolling for this school year!
- ❖ If you have a 3 year old, please contact us in March for next year!



**714-663-6298**



# The Garden Grove Way